

FINAL EXAM

Referred by:

For Date of Service Monday, November 06, 2017:

Re: ██████████
D.O.B.: 07.13.1993
Case #: CA-05702-07262017-828
Onset Date: 07-26-2017
Smoking Status: Unknown if ever smoked

On 07/26/2017, the patient reported the following complaints:

Current concern(s):
Ibp

Symptoms began:
07/26/2017

Pregnant:
No

Frequency of symptoms:
Frequent

Changes in symptoms during the day:
Does not change

What helps relieve symptoms:
Nothing

Prior Treatment

Tried other treatments:
No

Accident Details

Symptoms result of an accident:
No

As of: 07-26-2017 08:11:12

Health History:

Prescription Medications:
Sprintec oral contraceptive: 1 times per Day

Over The Counter Medications:
Nothing reported

Dietary Supplements:
Multivitamin: 1 times per Day

Diet and Exercise:
Nothing reported

Diagnosed Allergies:
Nothing reported

Implants that may affect X-Rays, MRIs and CAT Scans:
Nothing reported

Surgical History:
Nothing reported

Cancer History:

Nothing reported

Family Cancer History:

Nothing reported

Cardio-pulmonary/Circulatory History:

Nothing reported

Family Cardio-pulmonary/Circulatory History:

Nothing reported

Endocrine, Gastrointestinal, and Neurologic Health History:

Nothing reported

Emotional or Mental Health History:

Nothing reported

Sensory History:

Nothing reported

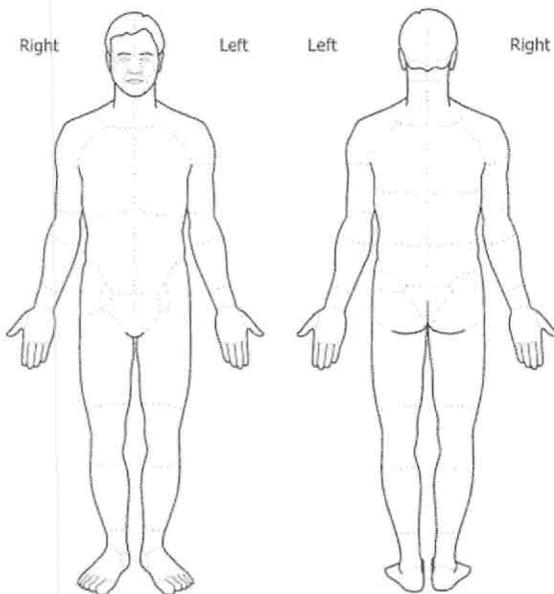
Musculoskeletal History:

Nothing reported

Reproductive History:

Nothing reported

SUBJECTIVE



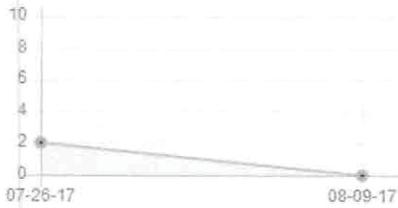
- 0 | Front Right Leg | Numbness
- 0 | Front Left Leg | Numbness
- 1 | Back Right Upper Thoracic Region | Dull Ache, Stiffness
- 1 | Back Left Upper Thoracic Region | Dull Ache, Stiffness
- 0 | Back Left Gluteal Region | Dull Ache, Stiffness
- 1 | Back Right Lumbar Region | Dull Ache, Stiffness
- 1 | Back Left Lumbar Region | Dull Ache, Stiffness
- 1 | Back Left Posterior Pelvis | Dull Ache, Stiffness

The patient described her progress as: Much Better.

Today's subjective notes: This patient has done very well under the care administered in this office. Symptomatically, they have progressed well and their condition resolved. Therefore, they are being released to a PRN basis.

Patient has no known drug allergies

Front: Right Leg



Front: Left Leg



OBJECTIVE

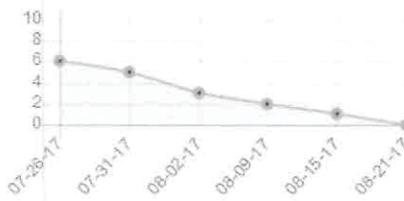
Back: Right Lumbar Region



Back: Left Lumbar Region



Back: Left Gluteal Region



Back: Left Posterior Pelvis



Back: Right Upper Thoracic Region



Back: Left Upper Thoracic Region



Following are results from physical examination of the patient:

Ranges of Motion Passive

Thoraco/Lumbar

Flexion:	80/80
Extension:	30/30
Lat. Flexion (L):	20/20
Lat. Flexion (R):	20/20
Rotation (L):	50/50
Rotation (R):	50/50

Orthopaedic/Neurological Tests

Lumbar

Orthopaedic - Bechterew's Sitting Test: Bilateral - Negative

Test Description: Patient is seated with legs dangling over the edge of examining table. Examiner directs patient to extend one leg at a time and then extend both at the same time. The test is positive if 1) patient can do none of the maneuvers bc of low back and/or radicular pain. 2) patient can extend either extremity or both only by leaning the trunk backwards in a semisitting position bc of pain.

Interpretation of finding: Intervertebral disc protrusion causing an increase in neuralgia when the sciatic nerve is stretched.

Orthopaedic - Braggard's Sign: Bilateral - Negative

Test Description: Patient supine, the whole extremity on the affected side is flexed on the hip until patient experiences pain, then foot is dorsiflexed. Sign is present if there is an increase in radicular pain.

Interpretation of finding: Nerve root irritation of the sciatic nerve.

Orthopaedic - Kemp's Test: Bilateral - Negative

Test Description: Patient standing: examiner standing behind patient anchors pelvis and sacrum with one hand and with other hand on opposite shoulder, forces patient into extension, pulling downward and medialward. Patient sitting: examiner stands in front of patient who is sitting with arms folded. With one hand anchoring pelvis, examiner forces opposite shoulder backward, downward, and medialward.

Interpretation of finding: Facet syndrome.

The following observations were made:

T12 PRS, L5 PRS 7/17

There is palpable tenderness in the following areas: lumbar spine and left sacroiliac joint.

ASSESSMENT

The patient has been diagnosed as follows:

M54.42 (A) Lumbago with sciatica, left side

M99.03 (A) Segmental and somatic dysfunction of lumbar region

The following assessment was made:

The patient is MMI as of today and is being released from active care.

PLAN

The patient has been advised to continue with the following schedule of care:

As of 11-06-2017: Per required necessity

Description:

The following plan was made:

The patient was adjusted with specific chiropractic adjustments to the levels outlined above and our specific intersegmental findings today. We also used Intersegmental traction to mobilize spinal joints and low volt muscle stimulation to increase circulation to improve healing and reduce muscle spasm.

As of today we are releasing this patient from active care. Their condition has stabilized and any further treatment will be on an as needed basis.

Based on this patients re-examination findings and the results of their outcome assessments, we will be releasing this patient form active care effective immediately.

Bournemouth Back Questionnaire©

First Name :
Last Name :
Date of birth :
Completed on : 11.06.2017 at 05:37pm

	Pain Intensity	Daily Activities	Rec/Social /Family	Anxiousness	Depression	Work Activities	Pain Control	Total
07.27.2017	6	5	0	2	1	6	7	27
09.07.2017	3	4	3	2	0	6	2	20
11.06.2017	0	0	0	1	0	0	2	3
Current Change	3	4	3	1	0	6	0	17
Overall Change	6	5	0	1	1	6	5	24

Modified Roland (Sciatica) Questionnaire©

First Name :
Last Name :
Date of birth :
Completed on : 11.06.2017 at 05:35pm

Current result: 2/23

Previous result(s):

07.27.2017: 12/23

09.07.2017: 3/23

Current change: 1

Overall change: 10

Reviewed and signed by: , DC 11/06/2017 10:06 PM